



Light Fare Menu

We invite you to extend your spa experience.

**Lunch Reservations
(603) 238-2845**

**The Spa at the
Common Man Inn
Plymouth, NH**

Artisanal Cheese Board

A delightful assortment of cheeses accompanied by fresh fruits, nuts, and crusty bread. Ideal for sharing or as a satisfying solo treat. 16.

Seasonal Fruit Assortment

A vibrant assortment of seasonal fruits, meticulously selected and expertly prepared to enhance their natural sweetness. 13.

Caesar Salad

Crisp romaine, croutons, Parmesan crisp, and creamy Caesar dressing. 11
Add chicken — 7. Add salmon — 10.

Power Salad

Baby kale and spinach, lemon vinaigrette, mixed seasonal berries, toasted sunflower seeds, and walnuts. Served with a wedge of Vermont Cheddar. 13.
Add chicken — 7. Add salmon — 10.

Mediterranean Delight

Roasted red pepper hummus, grilled zucchini, cucumbers, arugula, roasted red peppers, and balsamic reduction on ciabatta bread. Served with chips. 14.

Turkey Wrap

House-roasted, hand-sliced turkey breast, diced tomato, crispy bacon, avocado, baby greens, and garlic aioli in a garlic and herb wrap. Served with chips. 15.

Veggie Burger

Grilled portabella mushroom, lettuce, tomato, onion, and pesto mayo on an artisan roll. (Contains nuts!) Served with chips. 14.

Fresh Berry Parfait

Indulge in a delightful parfait layered with Greek yogurt, seasonal berries, crunchy granola, and a drizzle of honey, topped with fresh mint leaves. 8.

Sips & Bubbles by the Glass

Common Man Pinot Grigio.....	7.
Common Man Chardonnay.....	7.
Common Man Cabernet.....	7.
Common Man Merlot.....	7.
Fleurs de Prairie Rosé.....	10.
Infamous Goose Sauvignon Blanc.....	11.
Lunetta Prosecco.....	8.50
Mimosa.....	8.75

*48 hours advance notice required for all food orders.
Prices do not include 8.5% NH Meals Tax or 20% gratuity.
Menu subject to change without notice.*



theCmanInnPlymouth.com

